



Dear Parents and Carers,

It has been a bittersweet term for us at Lower Beeding. We had a lovely farewell party for our school leavers, with a magic show, graduation, and a tea party. We will miss our oldest friends, but we wish them well on their next adventure.

Our last Open Day was successful; we had a visit from the ducks that were hatched at the nursery back in March. The children were excited to see how much they had grown.

We have welcomed our new Baby Snug room leader, Jo. We are very excited to be working with her.

We are making some room changes in September. Baby Snug will now accommodate children from 3 to 18 months. Toddler Den will accommodate 18 to 30 months and Pre-school Study will care for children from 30 months to school age. The environment and curriculums have been adjusted to meet the learning and development needs of the ages within each room. We are looking forward to observing and planning for each new age range.

Finally thank you to parents who have been so kind sending in gifts, cards and leaving glowing reviews for us – it really is appreciated. I am biased of course which is why it is so lovely for the staff to hear from parents as well. If you haven't done and would like to leave a review, please visit daynurseries.co.uk. Our current rating is currently 9.9/10 and it would be great to have a perfect 10!

Emma

Dates for your diary

Holidays and Closures:

- 25th December until 1st January - Nursery closed for Christmas

Other:

- Open Day - 21st September
- McMillan Coffee Morning - 27th September
- Celebrating Rosh Hashanah - 3rd October
- Celebrating Diwali - 1st November

Don't forget to follow our Social Media:

 [/thenurseryfamily](https://www.facebook.com/thenurseryfamily)

 [@thenurseryfamily](https://www.instagram.com/thenurseryfamily)



The Baby Snug

Babies have been exploring the nursery's environments while participating in Gardening Club. Gardening Club supports the children's muscle and physical health development and builds their immune systems through playing with soil and seeds.

With support from adults, the babies have been using the watering cans to water the variety of plants and vegetables that are growing in the garden.

Continue at home

To extend the learning from our Gardening Club at home, you can involve your little one in simple gardening activities. Encourage your baby to help water plants using a small watering can, just like they do at nursery. Exploring your own garden or even caring for a small indoor plant together can be a wonderful way to build on their curiosity and skills, fostering a love for nature right from the start.

The Toddler Den

The children within The Toddler Den have been learning all about the Olympic Games.

After looking at short videos and images of races and events it led to discussions about differences in people, the colours in the flags and counting.

They have been participating in their own Olympic activities such as running races and ball games.

Using recycled cardboard and paint, the toddlers were able to create their own Olympic Rings. This encouraged children to explore shapes and colours within their environment.

Continue at home

Why don't you host your own sports event with your child at home? Have some running races, an egg and spoon race and see who can jump the furthest! Celebrate their achievements with an award ceremony! They can even help create their own medal!

The Pre-School Study

The Pre-school Study have been talking a lot about the changes in the weather this last month. We have been looking at shadows in the garden and discussing how it is safer to stay in the shadows out of the sunshine. During the high UV hours from 11am to 3.00 we continued this theme indoors by placing masking tape on the windows to look at the shadows thrown on the table surface.

Shadow play is a fantastic way to help explain how the sun moves during the day. The children saw the shapes change and move with the angle of the sun. They observed that the shapes were longer in the morning and shorter in the afternoon. The children were also able to learn about shapes, sizes and dimensions.

Continue at home

Find a torch or lamp and within a dim room, use your hands to cast shadow puppets onto the walls and ceiling. Look at how the shadow changes depending on where the light is located in the room.

Recipe of the Month

TURKEY MEATBALLS

INGREDIENTS:

- Olive oil
- 600g turkey mince
- 1 egg, beaten
- Handful porridge oats
- 2 garlic cloves, crushed
- 350g tomato passata
- 1 bunch fresh basil, roughly chopped
- 2 red peppers, diced
- 2 medium onions, diced
- 2 large carrots, diced
- 350g wholemeal spaghetti
- For the side salad:
- Mixed salad leaves
- 4 large tomatoes, diced
- ½ cucumber, sliced



INSTRUCTIONS

1. Heat a splash of olive oil in a large non-stick frying pan with a lid, then tip in the onion, peppers, carrots, garlic and stir well.
2. Cover the pan and cook over a medium heat for 8 mins, stirring every now and then.
3. Pour in the passata, and cover. Leave to simmer for 20 mins.
4. Tip the mince into a bowl with the porridge oats and egg, and mix well until combined.
5. Shape the turkey mixture into walnut sized meatballs.
6. Heat a non-stick pan with a little olive oil, and gently fry the meatballs on all sides until completely cooked.
7. Give the sauce a stir, and add the meatballs and basil, then simmer lightly for 10 minutes, or until the vegetables in the sauce are tender.
8. Add the spaghetti to a pan of boiling water, and simmer for 10 minutes until cooked.
9. Serve meatballs and sauce with the spaghetti and side salad.

Recent Training

Leah Harber and Hollie Wood have recently completed their Paediatric First Aid training.

Louise Strudwick has now completed her 2nd stage of her Forest School Training which involved the practical elements of forest school. This included: different woodland crafts and tool use, den building and cooking different meals on the firepit – we can't wait for her to qualify.

Colleague Spotlight

Aimee has worked extremely hard to complete the last few parts of her Level 3. I am very happy to say she has now successfully completed her maths with a score of 74%. Aimee is now complete and we are all very proud of her.

